

Millard North Summer Activities Camps

Millard North offers summer athletic camps with our school's varsity coaches, assistants and high school athletes directing clinics. The intent of all camps is to increase knowledge, improve skills, promote sportsmanship, and have fun.

REGISTER ONLINE:

<https://www.schoolpay.com/link/MNHSCAMPS2022>

or please fill out the registration form completely and return to the Activities Office with the registration fee for each camp. **Use the grade the child will be in for the next school year.**

Please retain this sheet for your information and return the attached sheet with check and camps attending to MNHS.

Baseball: Coach Dave Cork and BA Staff

Dates: June 6-8, 2022

Grades 8-9 8:30 AM-10:00 AM \$50.00

Grades 3-7 10:00 AM-11:30 AM \$50.00

Location: MNHS Baseball Field

Boys Basketball: Coach Tim Cannon and BBB Staff

Dates: May 31, June 1-2, 2022

Grades 10-12 8:00 AM -10:00 AM \$35.00

Grades 7-9 10:00 AM-12:00 PM \$50.00

Grades 3-6 12:30 PM - 2:30 PM \$50.00

Girls Basketball: Coach Chris Paulson and GBB Staff

Dates: June 6-8, 2022

Grades 9-12 8:00 AM - 9:30 AM \$20.00

Grades 2-5 10:00 AM-11:30 AM \$55.00

Grades 6-8 1:00 PM - 2:30 PM \$55.00

Bowling: Coach Rohde and Bowling Staff

Dates: June 28-July 1, 2022

Grades 9-12 2:00 P.M.-5:00 P.M. \$100.00

Dates: July 12-15, 2022

Grades 6-8 2:00 P.M.-5:00 P.M. \$100.00

Location: Maplewood Lanes

Includes: An opportunity to learn bowling techniques from different coaches & bowlers and a camp t-shirt

Cross Country: Coach Emily Janda and XC Staff

Dates: May 31, June 1-3, 2022

Grades 6-12 8:30 AM-10:00 AM \$40.00

Location: MNHS Track

Diving: Coach Leutzinger & Staff

Dates: June 6-9, 2022

Grades K-8 11:00 AM-12:00 PM \$30.00

Location: MNHS Pool

Football: Coach Fred Petito and FB Staff

***Date: June 13-15, 2022 - Youth Camp (*DATE CHANGE)**

(Gr. 3-8) non-padded 12:30 PM-2:00 PM \$75.00

Location: MNHS Turf Stadium

Orchestra: Debbie Martinez with MPS Orchestra

Staff & professional string players

Dates: July 11-15, 2022 \$75.00

String players entering grades 9-12 6:00-9:00 PM

Includes: Instruction from professional string players,

Directors, Music, and T-shirt

Location: MN Music Wing, Auditorium, Mustang Center, and 1600's Wing

Show Choir: Megan Swain and MNSC Staff

Dates: May 31, June 1-4, 2022

Grades 7-11 8:00 AM-4:00 PM \$200.00

Includes: Music, vocal instruction, choreography design, t-shirt and lunch each day. Show on June 4 at 4pm

Location: MN Auditorium & Choir Wing

Boys Soccer: Coach Sandro DeAngelis and BSO Staff

Dates: June 20-22, 2022

Grades 4-9 9:00 AM-11:00 AM \$50.00

Grades 1-3 12:30 PM - 1:30 PM \$40.00

Location: MNHS Turf Stadium

Girls Soccer: Coach James Abueg and GSO Staff

Dates: June 6-8, 2022

Grades 6-9 8:00 AM - 9:30 AM \$50.00

Grades 1-5 10:00 AM-11:30 AM \$50.00

Location: MNHS Turf Stadium

Softball: Coach Travis Unzicker and SB Staff

Dates: May 31, June 1-2, 2022

Grades 4-8 8:30 AM-10:15 AM \$50.00

Grades 9-12 10:15 AM-12:00 PM \$50.00

Location: MNHS Softball Field

Speed Camp: Coach LeRette & MN Staff

Dates: June 13 - July 20, 2022 (Mon./Wed. only)

Grade 7-12 9:00 AM-10:00 AM \$60.00

Technique, Speed & Explosiveness training for ALL athletes

Location: MNHS Track

SWAT (Strong Women All Together)

Girl's Strength Program for All Sports

Dates: June 6-July 28, 2022 (M,W,Th only)

Grades 9-12 7:00 AM-9:00 AM \$50.00

(You will have a designated time slot)

Partnering with Explosive Edge & working with coaches from nearly all sports to develop comradery, knowledge, and skills to build a strong athletic foundation, and a culture of positive/strong multi-sport athletes at Millard North.

Location: MNHS Weight Room

Tennis: Coach Isabelle Wostoupal & TN Staff

Dates: July 20-22, 2022 (Boys & Girls)

Grades 3-6 3:00 PM - 4:00 PM \$60.00

Grades 7-12 (Beg./Interm.) 4:00 PM - 5:00 PM \$60.00

Grades 7-12 (Advanced) 5:00 PM - 6:30 PM \$60.00

Location: Millard West Courts (MN Courts unavailable)

Track: Coaches Mertz & Scheef and MN T&F Staff

Dates: June 6-9, 2022

Grades 3-8 8:30 AM-10:00 AM \$50.00

Location: MNHS Track

Volleyball: MN VB Staff

Dates: June 6-8 2022

Grades K-4 3:30 PM-4:30 PM \$50.00

Grades 5-6 5:00 PM-6:30 PM \$40.00

Grades 7-8 6:45 PM-8:15 PM \$40.00

Dates: July 25-28, 2022

Grades 9-12 6:00 PM-8:30 PM \$65.00

Millard North Summer Activities Camps Summer 2022 Registration Form

REGISTER ONLINE:

<https://www.schoolpay.com/link/MNHSCAMPS2022>

or mail this form and check to:

Millard North High School Athletic Camps
1010 S. 144th Street
Omaha, NE 68154

****NO REFUNDS ISSUED AFTER MAY 20, 2022****

T-shirts are included in the costs of all clinics.

Please indicate t-shirt size:

Child: S M L
Adult: S M L XL XXL

I hereby release Millard North HS/MSHS/KMS/MPS/AHSM from any responsibility and/or damages for any injury resulting from participation in a MNHS Athletic Camp(s). All participants must carry their own insurance. Millard Public Schools/ MNHS does not provide medical insurance for participants. Participants assume the risk of participation at these camps.

I authorize the camp personnel to treat my child for any injury that may arise during the camp and/or obtain the appropriate medical treatment necessary to treat my child for any medical condition that may arise during the camp. This may include authorizing the transport of my child to a hospital or medical care facility.

Parent Signature _____ Date _____

Emergency contact number: _____

(Please print)

Participant's Name: _____

Address: _____

Zip Code: _____

Grade Level the next school year: _____

Parent's Name: _____

Phone: _____

Email Address: _____

Please check all camps attending:

Baseball:

Dates: June 6-8, 2022

- | | | | |
|--------------------------|------------|-------------------|---------|
| <input type="checkbox"/> | Grades 8-9 | 8:30 AM-10:00 AM | \$50.00 |
| <input type="checkbox"/> | Grades 3-7 | 10:00 AM-11:30 AM | \$50.00 |

Boys Basketball

Dates: May 31, June 1-2, 2022:

- | | | | |
|--------------------------|--------------|--------------------|---------|
| <input type="checkbox"/> | Grades 10-12 | 8:00 AM-10:00 AM | \$35.00 |
| <input type="checkbox"/> | Grades 3-6 | 10:00 AM-12:00 PM | \$50.00 |
| <input type="checkbox"/> | Grades 7-9 | 12:30 PM - 2:30 PM | \$50.00 |

Girls Basketball

Dates: June 6-8, 2022:

- | | | | |
|--------------------------|--------------|--------------------|---------|
| <input type="checkbox"/> | Grades 9-12 | 8:00 AM - 9:30 AM | \$20.00 |
| <input type="checkbox"/> | Grades 2-5 | 10:00 AM- 11:30 AM | \$55.00 |
| <input type="checkbox"/> | Grades 6 - 8 | 1:00 PM - 2:30 PM | \$55.00 |

Bowling:

Dates: June 28- July 1, 2022

- | | | | |
|--------------------------|-------------|-------------------|----------|
| <input type="checkbox"/> | Grades 9-12 | 2:00 PM - 5:00 PM | \$100.00 |
|--------------------------|-------------|-------------------|----------|

Dates: July 12-15, 2022

- | | | | |
|--------------------------|------------|-------------------|----------|
| <input type="checkbox"/> | Grades 6-8 | 2:00 PM - 5:00 PM | \$100.00 |
|--------------------------|------------|-------------------|----------|

Cross Country:

Dates: May 31, June 1-3, 2022

- | | | | |
|--------------------------|-------------|-------------------|---------|
| <input type="checkbox"/> | Grades 6-12 | 8:30 AM- 10:00 AM | \$40.00 |
|--------------------------|-------------|-------------------|---------|

Diving:

Dates: June 6-9, 2022

- | | | | |
|--------------------------|---------|--------------------|---------|
| <input type="checkbox"/> | Gr. K-8 | 11:00 AM- 12:00 PM | \$30.00 |
|--------------------------|---------|--------------------|---------|

Football:

Dates: June 13-15, 2022 (Youth)

- | | | | |
|--------------------------|---------|-------------------|---------|
| <input type="checkbox"/> | Gr. 3-8 | 12:30 PM- 2:00 PM | \$75.00 |
|--------------------------|---------|-------------------|---------|

Orchestra:

Dates: July 11-15, 2022

- | | | | |
|--------------------------|-------------|------------------|---------|
| <input type="checkbox"/> | Grades 9-12 | 6:00 PM- 9:00 PM | \$75.00 |
|--------------------------|-------------|------------------|---------|

Show Choir:

Dates: May 31, June 1-4, 2022

- | | | | |
|--------------------------|-------------|------------------|----------|
| <input type="checkbox"/> | Grades 7-11 | 8:00 AM- 4:00 PM | \$200.00 |
|--------------------------|-------------|------------------|----------|

Boys Soccer:

Dates: June 20- 22, 2022

- | | | | |
|--------------------------|-----------|-------------------|---------|
| <input type="checkbox"/> | Grade 4-9 | 9:00 AM-11:00 AM | \$50.00 |
| <input type="checkbox"/> | Grade 1-3 | 12:30 PM -1:30 PM | \$40.00 |

Girls Soccer:

Dates: June 6- 8, 2022:

- | | | | |
|--------------------------|------------|-------------------|---------|
| <input type="checkbox"/> | Grades 6-9 | 8:00 AM - 9:30 AM | \$50.00 |
| <input type="checkbox"/> | Grades 1-5 | 10:00 AM-11:30 AM | \$50.00 |

Softball:

Dates: May 31, June 1-2, 2022:

- | | | | |
|--------------------------|-------------|-------------------|---------|
| <input type="checkbox"/> | Grades 4-8 | 8:30 AM-10:15 AM | \$50.00 |
| <input type="checkbox"/> | Grades 9-12 | 10:15 AM-12:00 PM | \$50.00 |

Speed Camp:

Dates: June 13-July 20, 2022 (Mon./Wed. only):

- | | | | |
|--------------------------|-------------|------------------|---------|
| <input type="checkbox"/> | Grades 7-12 | 9:00 AM-10:00 AM | \$60.00 |
|--------------------------|-------------|------------------|---------|

SWAT (Strong Woman All Together):

Dates: June 6 - July 28, 2022 (M,W,Th):

- | | | | |
|--------------------------|------------|-------------------|---------|
| <input type="checkbox"/> | Grade 9-12 | 7:00 AM - 9:00 AM | \$50.00 |
|--------------------------|------------|-------------------|---------|

Tennis:

Dates: July 20-22, 2022

- | | | | |
|--------------------------|--------------------|-------------------|---------|
| <input type="checkbox"/> | Gr. 3-6 | 3:00 PM - 4:00 PM | \$60.00 |
| <input type="checkbox"/> | Gr. 7-12 (Beg/Int) | 4:00 PM - 5:00 PM | \$60.00 |
| <input type="checkbox"/> | Gr. 7-12 (Adv) | 5:00 PM - 6:30 PM | \$60.00 |

Track:

Dates: June 6- 9, 2022:

- | | | | |
|--------------------------|------------|-------------------|---------|
| <input type="checkbox"/> | Grades 3-8 | 8:30 AM -10:00 AM | \$50.00 |
|--------------------------|------------|-------------------|---------|

Volleyball:

Dates: June 6- 8 (K-8), 2022 & July 25- 28, 2022 (9-12)

- | | | | |
|--------------------------|----------|-------------------|---------|
| <input type="checkbox"/> | Gr. K-4 | 3:30 PM - 4:30 PM | \$50.00 |
| <input type="checkbox"/> | Gr. 5-6 | 5:00 PM - 6:30 PM | \$40.00 |
| <input type="checkbox"/> | Gr. 7-8 | 6:45 PM - 8:15 PM | \$40.00 |
| <input type="checkbox"/> | Gr. 9-12 | 6:00 PM - 8:30 PM | \$65.00 |

TOTAL: _____